FOCUS

NOVEMBER 2026



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KINDLY NOTE

Articles and events for publication must be submitted to the Editor by the 10th of the preceding month. August/September and December/January are joint issues and articles must be submitted by 10th July and 10th November respectively. If an event falls in the first week of the month, it is advisable to submit the details into Focus a month earlier. The magazines are not delivered from the printers until the first of the month and it takes a few days for them all to be circulated throughout the villages by our volunteer distributors. ✍Editor

Focus accepts no responsibility as to the accuracy or content of any advertising or articles publishedin 'this' magazine, neither do they reflect the opinion of members of the Committee.
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These units are registered with the Ambulance Services. To access them, please phone 999. You will be given the access code and the location of the unit will be confirmed. The defibrillator is easy and safe to use.
The units can be found on the outside walls of the following locations:
DAGNALL: Red Lion Public House & Munns Farm Shop
EATON BRAY: The Coffee Tavern & Eaton Bray Tennis/Pickleball Club
NORTHALL: The Swan Public House
EDLESBOROUGH: Edlesborough Memorial Hall, Baptist Church & Summerleys

EDLESBOROUGH SURGERY

01525 221630 www.edlesboroughsurgery.co.uk

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Focus is online at **www.thefocusmagazine.co.uk**

EDAN COMMUNITY CAR SERVICE

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Email: *peterw500@aol.com*

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TEXTPHONE SERVICE: 18001 101

BEDFORDSHIRE POLICE: (EATON BRAY)
T/Sgt 6268 Amy Ison Leighton Buzzard Community Policing Team
Duncombe Drive, Leighton Buzzard **TELEPHONE:** 01582 473408

THAMES VALLEY POLICE (EDLESBOROUGH, DAGNALL & NORTHALL)
PCSO Mike Coker Email: *WingNHPT@thamesvalley.police.uk*

TO REPORT NON URGENT CRIME: www.thamesvalley.police.uk

BOOKING CONTACTS

NORTHALL VILLAGE HALL: **Lorna Cubbage** 07857 318696
Email: northallvhbookings@gmail.com Website: www.edlesborough-pc.gov.uk/nvh

EATON BRAY VILLAGE HALL: **Jane Taylor** 07852 586045
Email: bookings@ebvh.co.uk Website: www.ebvh.co.uk

COFFEE TAVERN: **Julie Mahoney** 07836 240467
Website: https://eatonbray.com/coffee-tavern/

DAGNALL VILLAGE HALL: **Bev Way** 07875 462128 & **Trish Owen** 07762 151364
Email: DVH_Bookings@outlook.com

EDLESBOROUGH MEMORIAL HALL: **Penny Pataky** 01525 229358
Email: manager@edlesborough-pc.gov.uk

EDLESBOROUGH PAVILION: 07836 240467
Email: booking@edthepav.org Website: https://edthepav.org.uk/

PARISH COUNCIL CONTACTS

EATON BRAY PARISH COUNCIL: 07931 479663
Email: clerk@eatonbrayparishcouncil.gov.uk Website: www.eatonbrayparishcouncil.gov.uk

EDLESBOROUGH PARISH COUNCIL (including Dagnall & Northall): 01525 229358
Email: clerk@edlesborough-pc.gov.uk Website:www.edlesborough-pc.gov.uk

EATON BRAY GOOD NEIGHBOURS HELPINE 07930 987064

Eaton Bray Good Neighbours

MANNED PHONE HOURS: 9am to 5pm, Monday to Friday.
Call us if you want help getting to the surgery/hospital and collecting prescriptions. We help people of Eaton Bray, Edlesborough, Northall and Totternhoe.

Contents

The Focus Magazine Committee	3	Pavilion IT Support Group	34
Defibrillator Locations	3	4 Villages Ladies Group	37
Edlesborough Surgery Contact Details	3	Steam in Beds 2026	37
Village Info	4	Danesborough Chorus	38
Pavilion Cancer Support Group	5	Wednesday Club	39
Village Diary	6	Pickleball	42
Eaton Bray with Edlesborough Parish News	8	Take a Historic Break	44
Northall Baptist Chapel Services	9	Edlefest 2027	45
St Mary's Church, Eaton Bray Services	9	Edlesborough Pavilion	48
Dagnall Church Services	9	The Rotary Club of Dunstable Downs	49
Eaton Bray Singers	10	Road Safety Rule 170 & H2	49
St. Mary's Book Swap	12	The Story of Woburn Abbey	52
Coffee Tavern Eaton Bray	12	20 Bridges of Manhattan Swim	54
Dagnall Village Hall	12	Dunstable Probus Club	56
Eaton Bray Methodist Church	13	The Focus on Film Society	59
Edlesborough Parish Council News	16	Totternhoe Garden Club	61
Repair Cafe	20	Ever Spotted a Woodpecker?	62
Our Warm Hub	21	Appledown Rescue Dog of the Month	65
Eaton Bray Parish Council	24	Book Review	66
Northall Baptist Church	29	EB Charity Quiz	69
Eaton Bray Good Neighbours	31	What to do in the Garden in November	70
Dagnall Weather Station (AONB)	32	Edlesborough Memory Café	72
Commonwealth War Graves Commission	33	Advertiser Index	73
Dens Press Release	33	Salvation Army	74



WEEKLY

Mon-Sun	**St. Mary's Edlesborough** is open on Fridays to Sundays 10am-3pm and when the Friends are working on site - Please see Notice Board and Website.
Mon-Sun	**Pavilion Gym** Mon-Frid 6:30am to 9:30pm Sat/Sun 8am-8pm Email *Gym@edthepav.org.uk*
Mon-Sun	**Pavilion** open for members. M-T 6:30am-9pm, F 6:30am-10pm, S/S 8am-8pm Email: *General.enquiries@edthepav.org.uk*
Mon-Fri*	**Eaton Bray Pre-school** Eaton Bray Lower School, 01525 220468, admin@eba.ec
Mon-Fri*	**Edlesborough Primary Academy Pre-School** 01525 220431, *epamanager@epa-primary.org*
Mon-Fri*	**Totternhoe Pre-school** Totternhoe CE Acad 01582 662959 *totternhoeoffice@tot.dsamat.co.uk*
Mon	**Pilates** 10.45am, Totternhoe Memorial Hall, Lisa: 07832 230774
Mon	**Eaton Bray Singers**, Eaton Bray Academy LU6 2DT 7.30-9.30pm, w:*dagnall-community-choir.co.uk* 01525 220189
Mon*	**Movement and exercise classes** with a dance flavour, Northall VH 2-3.30. Jan 01442 864271.
Mon	**Cubs** (8-10 ½ yrsears old), 6.30pm - 8pm, 1st Eaton Bray & Edlesborough Scout Hut, High Street, Edlesborough. Contact Liz Coates 01442 842550
Mon	**Yoga** 6:45pm, Edlesborough Memorial Hall, contact 07837 727302
Mon	**Barre** 8pm, Edlesborough Memorial Hall, contact 07837 727302
Mon	**Eaton Bray Tennis Club** 7-8pm Adult Coaching 'Get Back Into Tennis'
Mon	**Jazzercise** 7-8, Eaton Bray Village Hall, Beth 07539 739136
Mon	**Edlesborough/Eaton Bray Bridge Club** Alternating 2-4pm and 7-9pm, the email contact is *alisonfmorris@gmail.com*. The group is open to players of all levels from beginners to experienced.
Tues	**Pilates** 10.30-11.30am, Eaton Bray Village Hall, Nicky Roussou 07861 162680
Tues*	**Totternhoe Baby & Toddler Group** 9.30-11.15am, St. Giles Church Hall
Tues	**Tap & Ballet Classes** JoAnn Latus School of Dance, 4-8pm, Eaton Bray VH, 07800 518654
Tues**	**Coffee Morning** Bring & Buy, Table Top Sale, 10-11:30am, Salvation Army Hall, Booth Place, EB
Tues	**Jazzercise** 9:15-10:15, Eaton Bray Village Hall, Beth 07539 739136
Tues	**Berkhamsted Taekwon-do Kids** 5.45pm-6.30pm, Dagnall Village Hall, 07813 755785
Tues	**Berkhamsted Taekwon-do Adults** 6.30pm, Dagnall Village Hall, 07813 755785
Tues	**St.Judes Clinic. Moria's Therapeutic Pilates** 9.45 to 10.45 and 11 till 12 noon, moira@stjudesclinic.com
Wed	**Pilates** 8pm, Northall Village Hall, Lisa: 07832 230774
Wed	**Northall & Dist Age Concern Wed Club** 10am-3pm, Northall Village Hall, Helen 07854 230243
Wed	**Art Course online** 9.30 -11.30am, contact Lorna Moore 07896 619660
Wed	**Art Course** Bellows Mill Eaton Bray, 2-4.30pm, contact Lorna Moore 07896 619660
Wed	**Pilates** 6-7pm, Eaton Bray V.Hall, Heather Holmes 07305 023077 pilateswithheather@mail.com
Wed	**St Judes Clinic. Moira's Therapeutic Pilates** 7 till 8 pm and 8.05 to 9.05 pm moira@stjudesclinic.com
Wed*	**Stay & Play toddler group** 'Musical Monkeys' Eaton Bray Village Hall, 10am 07944 891235
Wed	**Knit and Natter** 12-2pm Edlesborough Pavilion Di Hedges 07794 075269
Wed	**Home League** Weds 2:30pm – 3:30pm (**weekly** fellowship & activities including singing, quizzes, arts & crafts, bible thought & a prayer – predominantly for women although gentlemen are very welcome), **The Salvation Army**, Booth Place, Eaton Bray, LU6 2DR.
Wed	**Champion's Club** Weds 6:15pm – 7:15pm (2nd, 3rd, 4th & 5th Weds of the month, Age 5+, term time only – lots of fun including games, music, activities & bible stories), **The Salvation Army**, Booth Place, Eaton Bray, LU6 2DR.
Wed	**Zumba Gold** (for active adults that prefer low impact & slower pace) 9.15am-10.15am Eaton Bray Village Hall Contact Carolyn ~ 07941 092673 c.syme26@gmail.com
Thur	**KFPA Street dance classes** Edlesborough Memorial Hall 4.15pm-6.30pm (4 years+) Contact Kiri 07988161043 or visit Facebook page 'KF PerformingArts/ KFPA' for info
Thur	**Berkhamsted Taekwon-do Adults** 6.30pm, Dagnall Village Hall, 07813 755785
Thur	**Beavers** (6 to 8 years old), 6.15-7.30pm, 1st Eaton Bray & Edlesborough Scout Hut, High Street, Edlesborough. Contact: *ebebeaverleader@ebescouts.co.uk*
Thur	**Explorers Scouts** (14-18 years old), 8pm-9.30pm, 1st Eaton Bray & Edlesborough Scout Hut, High Street, Edlesborough. Contact Simon Betts, *simon_betts@hotmail.com*

Thur	**Jazzercise** 18:30-19:00 and 19:00-19:45, Eaton Bray VH, Beth 07539 739136
Thur	**Retro Line Dance Class** 11.15am to 12.45pm. Eaton Bray Village Hall. Beginners welcome. *www.jukeboxjunction.co.uk* *info@jukeboxjunction.co.uk* 07864 212171
Thur	**Eaton Bray Tennis Club** 6.30pm - 8.00pm Social play for all adults
Thur	**Eaton Bray Pickleball** 6.30pm - 8.00pm Social play for all adults (weather permitting)
Thur	**Adult Board Games** 12-2:30pm, Pavilion 07740 197392 Email *Stevemunday1@gmail.com*
Thur*	**Move Better, Feel Better Pilates** 10-11am, Edlesborough Memorial Hall Contact Lesley Pickering, 07767 823202, *lesley@lesleypickering.com*
Fri	**Tap & Ballet Classes** JoAnn Latus School of Dance, 4-8pm, Eaton Bray VH, 07800 518654
Fri	**Jazzercise** 9:15-10:15, Eaton Bray VH, Beth 07539 739136
Fri	**Scouts** (10½ to 14 years old), 7.00-8.30pm, 1st Eaton Bray & Edlesborough Scout Hut, High Street, Edlesborough. Contact Mark Owen, *ebescoutleader@ebescouts.co.uk*, 07899 892344
Fri	**"Little Luvvies" baby ballet classes** 10am-11.30am, Northall Village Hall. Contact Emma Whittemore on 01525 376124
Fri	**St.Judes Clinic. Moria's Therapeutic Pilates** 9.45-10.45am and 11 till 12 noon. Great Gaddesdon Parish Hall, *moira@stjudesclinic.com*
Fri	**Food evening at The Pavilion** Email *ecsctrading@edthepav.org.uk*
Sat	**Jazzercise** 9-10am, Eaton Bray VH, Beth 07539 739136
Sat	**KFPA Musical theatre classe**s Edlesborough Memorial Hall 9.30-10.30am (4years+) Contact Kiri 07988161043 or visit Facebook page 'KF PerformingArts/ KFPA' for info
Sun	**Sunday Worship at 11am** Edlesborough Baptist Church, Moor End, LU6 2FL. Contact: 01525 222064 or *edlesboroughbaptistchurch@gmail.com*
Sun	**Karate for kids & adults** 3-4:15pm & 4:30-5:45pm, Eaton Bray VH, Contact 07500 007779
Sun	**Eaton Bray Tennis Club** 10am -12pm Social play for all adults
Sun	**Eaton Bray Pickleball** 10am -12pm Social play for all adults(weather permitting)
Sun	**Sunday Worship** Sun 11am – 12pm (weekly worship for all ages followed by tea/coffee/squash, biscuits & a chat), The Salvation Army, Booth Place, Eaton Bray, LU6 2DR.

MONTHLY

1st Mon	**Eaton Bray Parish Council Meeting** 7.30pm, The Coffee Tavern (except Jan-2nd Monday)
1st Mon	**Four Villages Ladies Group** meets at Northall Village Hall 7.45 - 930pm. Please contact Sue Tucker for more information on 07772901816.
1st Tues	**Sewing Class** 7-9pm, Edlesborough Pavilion, *General.enquiries@edthepav.org.uk*
1st Tues	**Jewellery Making** 7-9pm, Edlesborough Pavilion *General.enquiries@edthepav.org.uk* (Dates can vary)
1st Tues	**Dunstable & District Orbit (social & charitable) Club** Dunstable Rugby Club, 8pm. 01525 222441
1st Wed*	**Messy Church** 6-7:15pm, Salvation Army, Booth Place, Eaton Bray, LU6 2DR
1st Thur	**Pavilion Cancer Support Group** from 2.30 pm in Edlesborough Pavilion.
1st Sat	**St. Mary's Church** Eaton Bray Coffee Morning, 10:30am - 12 noon (July held on 2nd Saturday)
1st Sat	**Book Swap** at St Mary's Eaton Bray, 10:30am - 12 noon (July held on 2nd Saturday)
2nd Mon	**Film Society** Sept to June, 2pm, Eaton Bray Village Hall, Graham Chappell 07980 321977
2nd Tues	**Dunstable & District Local History Society** meeting, 7.45pm, Methodist Church Hall, Dunstable
2nd Tues	**Edlesborough W.I.** 7.30 pm, Edlesborough Memorial Hall. Contact Jackie Flint 01525 221618
2nd Tues & Thur	**Adult board games club** 7-9:30pm, Edlesborough Pavilion, 07740 197392, email *Stevemunday1@gmail.com*,
1st Thur	**Girls' Night Out** 7:30pm (1st Thurs of the month – for more details including where we meet & what we do each month, email *eaton.bray@salvationarmy.org.uk)*
2nd Thur	**Sewing Class** 10:30am -12:30pm, Edlesborough Pavilion, *General.enquiries@edthepav.org.uk*
2nd Fri	**Leukaemia Research Coffee Morning 2** Dunstable Road, Dagnall 10.30 a.m. all welcome. No meeting in September, June plant bring and buy, December Sherry & mince pies
3rd Thur	**Edlesborough Parish Council Meeting** 7.30pm, Edlesborough Pavilion or as stated in Edlesborough Parish Council News
3rd Sat	**Junior board games club** Edlesborough Pavilion, *General.enquiries@edthepav.org.uk* (dates can vary)
3rd Sun	**Parish Lunch** 11.30 to 2.00pm, Eaton Bray Village Hall, Chris Hewitt 222288
4th Wed	**Book club** 7-10pm *General.enquiries@edthepav.org.uk* (dates can vary)
Last Sat	**Coffee Morning** 10:00-12 noon, Edlesborough Methodist Church

Eaton Bray with Edlesborough ~ Parish News ~

Vicar: **Parish in Vacancy**
The Vicarage, **11 High Street, Eaton Bray - Tel: 01525 220261**
Church Warden: **Catherine Hayden Tel: 01525 220527**
email: ***churchwarden@stmaryseatonbray.org.uk.*** Please contact her with any enquiries.
Website: **www.stmaryseatonbray.org.uk** Facebook: **St Mary's Eaton Bray**

This is my first contribution to the Focus magasine, since coming to live in the parish in June 2025, when Karen and I moved (with our dog Nelson), to Edlesborough.

I had previously been Vicar of Great Gaddesden, Little Gaddesden and Nettleden for almost 15 years, as well as Team Rector of the Berkhamsted Team for the last few years. I am still chaplain of Ashridge House, which consists mostly of conducting the many wedding blessings in the chapel there, as well as quarterly services and the annual Carol Service.

At present, as our parish of St Mary's is without a Vicar since Joy retired, along with others, I have been helping out, until such time as a new Vicar is appointed. We are particularly pleased that Dr Stephen Axford our organist, has now been licenced as Reader by the new Bishop of St Albans, and can now lead some of the services and preach.

As I write this, the evenings are drawing in and the mornings darker, which has come as something of a shock after such a long hot (and dry), spring and summer. The end of October and the beginning of November, brings us to the time of Remembrance, both in the church and the wider world. The 1st and 2nd November celebrate and mark respectively All Saints and All Souls, preceded of course, by Halloween, (All Hallows Eve).

From the early days of Christianity these days have marked the time when the dead are remembered, not in a macabre way, but in that sense of there being the sure and certain hope of the resurrection to eternal life.

Whilst Christianity typically adopted many secular festivals and celebrations, the origins of these special days, probably lie with Celtic celebration of the end of the seasons of growth and harvest. All Saints Day was the time to celebrate those who had lived ' holy' lives who were believed to rest in heaven, and All Souls the day after, to remember those who had died, in that sure and certain hope, when souls were commended to God.

In the Celtic tradition, 31st October marked the end of the old year and the 1st November the start of the new year; the boundary between the living and the dead, the old and the new, becoming blurred on the 31st October.

The origins of trick or treat, probably don't originate from our cousins across the Atlantic, but rather from mediaeval traditions of going from door to door for sweet food in exchange for prayers known as 'souling'!

For some Christians, there is a certain disquiet about Halloween, particularly in the way it has been taken over by hype and commercialism, so that the following celebration of All Saints, goes largely unnoticed.

The more sombre time of remembrance begins with All Souls, which continues as the world remembers and give thanks for the war dead, who gave their lives, almost beyond living memory now, on 11th November.

All Souls can be a very difficult time for the recently bereaved and there is a service in church on the afternoon of Sunday 1st November at 3:00pm at St Mary's, Eaton Bray, when the names of those recently departed, as well as other loved ones people wish to remember, are read out.

In all of this, Holy Scripture is a source of hope and inspiration; the letter to the Hebrews, provides us with a vision of the living and departed being united

"Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight, and sin which clings so closely, and let us run with endurance the race that is set before us." Hebrews 12:1)

Whilst Jesus, in the Sermon on the Mount from St Matthew's Gospel chapter 5 gives us examples of the sort of people who are saints...
"Blessed are the poor in spirit, for theirs is the kingdom of heaven". and "Blessed are the pure in heart, for they shall see God."

And never forgetting the bereaved Jesus also said, *'Blessed are those who mourn, for they will be comforted.*

In a time of great uncertainty, when nations and peoples continue to fight, when there is economic uncertainty for everyone, let us hold fast to that sense that we are all in God's hands, and in faith and hope we may endeavour to live following the example of the saints who have gone before us.

In the words of the hymn...
Oh when the saints, go marching in.., I want to be in that number, when the saints go marching in.

Wishing you all every blessing,
The Revd. John Russell.

NORTHALL BAPTIST CHAPEL

CHAPEL LANE, NORTHALL

(just beyond the 30 speed limit signs on the road towards Leighton Buzzard)

Everyone is welcome to our Sunday worship each week between 11am and 12.30pm including tea/coffee and time to talk together.

For more information contact: **John Hazell 01525 218142**
Email: ***northallchapel@btinternet.com***
Website: ***www.northallbaptistchurch.org***

There has been a Baptist Chapel in Northall for more than 200 years. Today we continue to seek to worship God, serve him in our daily lives and support and encourage one another in the difficult and the joyful times.



SERVICES at ST. MARY'S CHURCH, Eaton Bray

SUNDAYS: 10am PARISH HOLY COMMUNION (apart from the third Sunday – see below)

On the **FIRST** and **THIRD SUNDAYS** of each month there is **HOLY COMMUNION** at **8am**

On the **THIRD SUNDAY** of each month there is **CAFE CHURCH** at **10am**, an informal service with coffee and croissants



WEEKDAYS: WEDNESDAY at **10am HOLY COMMUNION**

EVERYONE IS WELCOME AT THESE SERVICES

Details and **ONLINE WORSHIP:** ***www.stmaryseatonbray.org.uk***

ALL SAINTS' CHURCH, DAGNALL NOVEMBER 2026



SUNDAY 8TH NOVEMBER 10.45AM
REMEMBRANCE DAY SERVICE

SUNDAY 15TH NOVEMBER 10.30AM
HOLY COMMUNION

FOR ANY QUERIES PLEASE CONTACT
PHILIP LEE ON 07977 234453 OR DOROTHY GREEN ON 01442 843237

Eaton Bray Singers

As we move nearer the festive season, the Choir is busy preparing for our Annual Christmas Concert, which takes place at **Eaton Bray Village Hall on Sunday 13th December.** This year, the concert will be raising money for **Dementia UK**, a charity providing support to families affected by dementia.

Tickets are now on sale at **£5 each, with children admitted free**. You can book using the QR code below or via ***www.ticketsource.co.uk/eatonbraysingers***

We have a lovely festive afternoon planned, with seasonal music from the Choir, and special guests, a brass quintet, who will be joining us to entertain you. There will also be a raffle, refreshments including mince pies and mulled wine, and, of course, the usual special visit from Father Christmas! We hope you will come along, enjoy the music and help us raise money for this very worthwhile cause.

Looking ahead to the New Year, we will begin working towards a spring concert with Dunstable Town Band, followed by our ever-popular **Afternoon Tea Concert** in the summer. More details about these events will follow in due course.



We have been delighted to welcome several new members to the Choir over recent weeks and months, but we are always pleased to welcome more. We really do make a lovely sound when we all get together and sing! You don't need to be an experienced singer or read music, and there is no audition. If you enjoy singing and would like to give it a try, why not come along?

We rehearse every Monday evening from **7.45pm to 9.45pm at Eaton Bray Academy, School Lane, Eaton Bray**. There is free, secure and well-lit parking, and you will receive a warm and friendly welcome.

For more information, please visit our website at ***www.eatonbraysingers.co.uk***. We look forward to seeing you

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01525 657330 | www.searsandco.co.uk

65 Moor End, Edlesborough, LU6 2HN



Take a book you want to read - Leave a book you want to share

The next Book Swap is at St Mary's Church on Sat Nov 7th & Sat Dec 5th from 10.30 – 12.00am

We were pleased to see so many of you at the Book Swap during the Macmillan Coffee Morning held at St Mary's Church on 25th September.

Our footfall is consistently growing at the Church Coffee mornings and we love to see old and new faces, so come along, choose a book and enjoy coffee, delicious cake and a chat.

We look forward to seeing all our regular readers and welcoming any newcomers. The Book Swap is free and open to all adults.

For more information about Book Swap please contact:
Chris Sanders Email: *chris.sanders45@gmail.com*
Jenifer MacKenzie Email: *jenimackenzie@hotmail.com*



THE COFFEE TAVERN
Eaton Bray

Large Hall/1st Floor	£12.50/hour
Committee Room/Ground Floor	£6.50/hour
Large Hall & Committee Room	£18.00/hour
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www.eatonbrayparishcouncil.gov.uk/the-coffee-tavern/



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DVH_bookings@outlook.com

07875 462128 / 07762 151364

Parties, receptions, art classes, yoga, meetings, dance, theatre, sports events, food sales, craft fairs, exercise classes, friendship groups, we welcome you all – and more!

What Do We Do With Memory?

November is the season of memory.

Across our villages, poppies will appear on coats and jackets. We will gather around memorials, observe a silence, and remember those whose lives were lost in war. For a few moments, the rush of everyday life stops.

But remembrance raises an important question: what do we do with memory?

It's easy to think of remembrance as looking backwards. Yet memory is only really valuable if it helps us move forwards. We don't remember history simply to preserve it in a display cabinet. We remember it because it still has something to teach us.

The twentieth century was marked by devastating conflicts, but also by extraordinary examples of courage, sacrifice, reconciliation and hope. The generation that experienced war first-hand understood something that can be harder for us to grasp today: peace is precious. It is not inevitable. It cannot be assumed. It requires constant attention and care.

That lesson feels as relevant now as ever.

We live in a time when disagreement often seems louder than understanding. Public debate can become hostile. Social media encourages us to sort people into sides rather than see them as fellow human beings. Yet most of our lives are lived not in grand political arguments but in communities like ours, where people with different views, experiences and backgrounds learn to live alongside one another.

Perhaps peace begins there.

Not in international treaties or speeches, but in everyday acts of kindness, patience and curiosity. In choosing to listen before judging. In being willing to see the person rather than the label. In treating neighbours as neighbours.

The Christian faith has a long tradition of remembrance. Every act of communion begins by recalling the life, death and resurrection of Jesus. But that remembering is never an exercise in nostalgia. It is intended to change how we live now. Memory becomes a source of hope, courage and action.

As we mark Remembrance Sunday this month, we give thanks for those who served, suffered and sacrificed. We honour their memory best not simply by looking back, but by carrying forward the values that many of them believed were worth defending: peace, freedom, justice and care for one another.

And in a world that can sometimes feel increasingly divided, those values remain worth remembering.

Finally, I am pleased to share that Rev Seung-Wook Jung has recently taken on pastoral oversight of Edlesborough and Kensworth Methodist Churches. Many readers may already know Seung-Wook through his ministry at Trinity Methodist Church in Leighton Buzzard. He and I are working closely together across the three Methodist churches in our villages, and we look forward to serving our local communities together in the months ahead.

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Minister, Eaton Bray Methodist Church

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EDLESBOROUGH PARISH COUNCIL NEWS

Including Edlesborough • Dagnall • Northall • November 2026

Clerk: **Miss Penny Pataky** | Office Hours: **Mon - Fri 10am – 2pm (exc Wed)** | Email: clerk@edlesborough-pc.gov.uk
Website: **www.edlesborough-pc.gov.uk** | Facebook: **www.facebook.com/EDANParishCouncil** | **01525 229358**

Act of Remembrance



This year's Act of Remembrance will take place at **Eaton Bray War Memorial** on Sunday 8th November, 10:50am – 11:10am.

National scheme of Delegation for Planning Applications.

Extract from Buckinghamshire Cllr Chris Poll's report to EPC on 17th October 2026.

"From the 31st of October 2026 the government will, as expected, be making rule changes (The National Scheme of Delegation) to our ability to have scrutinised any planning application which falls into one of two categories. These will affect householder development, minor residential development (up to 10 dwellings), minor commercial development and a range of supplementary and technical consents.

What this will mean for us is that the ability to have applications scrutinised at committee will be removed from your elected Buckinghamshire Council representatives and Parish Councils'.

Whilst it has become harder to have a planning application "called in" to committee in recent years, this will remove completely our ability. Instead, it will be the Chairman in agreement with the senior planning officer at Bucks to agree. In practice I suspect there will be very few applications heard going forward.

Where an application would raise significant planning, economic, social, or environmental issues for the local area it could still be heard, but it will require agreement by others and not your representatives. There will be legal tests that it must undergo before that can happen though, and in practice will mean a senior officer disagreeing with their own staff for this to happen."

Cllr Poll's full report can be viewed on the EPC website alongside the minutes of the meeting.

Beautification of the Villages



The Council would like to thank all the volunteers who gave their time and helped water the village planters throughout the long, scorching summer, keeping them in full bloom for everyone to enjoy.

Repairs to Edlesborough Pavilion Balcony

Council is pleased to report that the repair works to the surface of Edlesborough Pavilion Balcony have been completed.

The soffits beneath the balcony will not be replaced immediately, this is to allow for a full assessment of the surface works. It is anticipated that repairs to this section of the balcony will be completed in 2027.

Council extends its thanks to all the staff, members, and volunteers at Edlesborough Pavilion for their patience and understanding with this challenging project.

EDLESBOROUGH PARISH COUNCIL NEWS

Including Edlesborough • Dagnall • Northall • November 2026

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Website: **www.edlesborough-pc.gov.uk** | Facebook: **www.facebook.com/EDANParishCouncil** | **01525 229358**

Improvements to Edlesborough Memorial Hall

At its September meeting, the Council approved the installation of two high-level heat-pump systems in the hall. The new system is intended to heat the building more economically and reduce the background noise produced by the existing system. It will also allow cooling in the hot summer months. It is estimated that this work will be carried out in November/December.

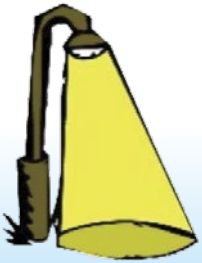
The Council also approved the purchase and installation of a dishwasher in the hall kitchen for use by hirers.

New Benches on Edlesborough Green

The Council has approved the purchase of four new benches made from recycled materials to replace benches on the village green that are beyond repair. It has also agreed to budget for further replacements over the next few years and to consider installing picnic tables following a suggestion from a parishioner.

New Barrier on Edlesborough Green

The Council approved a safety barrier at the new opening created in the hedge on Edlesborough Green, opposite Cow Lane. The chosen design will retain convenient access for pushchairs and bicycles while improving safety at the entrance.



Streetlights

Please report failed streetlights in Edlesborough, Dagnall and Northall to the Clerk for repair via *clerk@edlesborough-pc.gov.uk* or 01525 229358.

Salt Bins

The responsibility for filling these bins is with Transport for Buckinghamshire. When supplies are running low, a refill request should be submitted via the Buckinghamshire Council website: Report problems on roads, streets and pavements | Buckinghamshire Council. It is preferable for a parishioner living close to the salt bin to make the request, but anyone may do so.



Council Meetings

The next meetings of **Edlesborough Parish Council** will be held on:

- **Thursday 19th November 2026** – Edlesborough Memorial Hall
- **Thursday 17th December 2026** – Edlesborough Memorial Hall

Both meetings will commence at **7.30pm.**

Parishioners are welcome to attend all Ordinary Parish Council meetings and may ask questions, raise issues, or make suggestions during the **Open Forum**, which takes place before the formal start of the meeting.

Where possible, the Council requests that questions or issues are submitted in writing to the Clerk by the **Tuesday preceding the meeting.**

Agendas and minutes from previous meetings are available on the Council's website *www.edlesborough-pc.gov.uk* or from the Parish Clerk.





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Our Warm Hub

As the evenings draw in and the temperature drops, there's one thing we'd like every parishioner to know: you don't need a reason to come in.

November is the perfect time to remind everyone that **Edlesborough Pavilion** is a warm, welcoming space, open to members and their guests. Whether you're popping by for a specific activity or simply fancy a change of scenery, our door is open.

A place to drop in

You're welcome to visit whenever the Pavilion is open. There's no need to book, sign up for a class, or have a particular purpose in mind. Perhaps you've been out for a brisk walk and need to warm up. Maybe you'd like a quiet moment away from a chilly house, or you're simply feeling a little cut off from people as the days grow shorter. Whatever brings you in, you'll find a friendly welcome.

Meet, relax and stay warm

Colder weather can make it harder to get out and about, and winter can feel long for many of us. The Pavilion offers a cosy space to meet a friend for a catch-up, bring a book and unwind, or sit and enjoy some company. You're welcome to bring guests along too, so why not invite a neighbour or friend who might appreciate somewhere warm to spend an hour or two?

Rising energy costs are a worry for many households at this time of year, and we'd love for the Pavilion to be a comfortable option for anyone who would like to spend time somewhere warm and sociable.

Creativity and Learning

Whether you are a seasoned artist or simply curious to try something new, our arts and craft groups offer a welcoming space to express yourself, pick up new techniques, and enjoy the quiet satisfaction of making something with your own hands. These sessions help build confidence, encourage relaxation, and foster a real sense of community spirit. We also run an IT Help and Support group for anyone struggling with phones, computers, or laptops — friendly, practical help from people who are happy to take their time.

Free WiFi

We also offer free WiFi, so you're welcome to bring a laptop, tablet or phone. Catch up on emails, browse the news, video call family and friends, or simply get on with a few jobs in a warm, pleasant setting.
All are welcome.

Everyone is welcome

The Pavilion belongs to the community, and we want everybody to feel at home here. You don't need to be attending an event, you don't need to explain yourself, and you certainly don't need to feel you're imposing. Come as you are, stay as long as you like, and enjoy the warmth, in every sense.

Sometimes the hardest part is simply walking through the door. We promise that once you do, you'll be glad you did.

If you have any questions about opening times, membership or bringing guests, we'd be delighted to hear from you. Email us at ***general.enquiries@edthepav.org.u***k

Edlesborough Pavilion: remember, you don't need a reason to come in.

Date for your diary: Saturday 28th November from 12 noon to 4pm: Christmas Art & Craft Fair at the Pavilion followed by Village Christmas Tree Light Switch-On at 5pm.

Edlesborough Community Sports Club CIO registered charity number 1160939.

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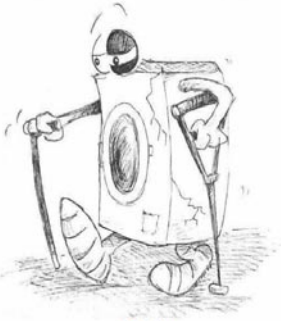
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EATON BRAY PARISH COUNCIL REPORT

A hard copy of the draft minutes can be viewed on the Parish Council notice board at The Coffee Tavern.

A full copy of the minutes for Eaton Bray Parish Council can be found on our website: *www.eatonbrayparishcouncil.gov.uk*

PARISH COUNCIL WEBSITE

To keep up to date with what is happening in your parish, you can get all Parish Council news and updates from the Parish Council website. The website has all Parish Council meeting agendas, minutes, financial documents and contact information as well as official sponsored events/initiatives and is the official council communications website. Visit it here: *www.eatonbrayparishcouncil.gov.uk*

EATON BRAY FACEBOOK PAGE

Follow Eaton Bray Parish Council on Facebook, keep up to date with your Parish Council and what is going on in the parish: *https://www.facebook.com/EatonBray*

EATON BRAY PARISH COUNCIL ACCOUNTS

A copy of the Parish Council's Finance & Annual Reports can be viewed on the Parish Council Website.

PARISH COUNCIL REGULATIONS/POLICIES

Copies of the Parish Council's regulations/policies can be seen on the Parish Council website or obtained by applying to the Parish Clerk.

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EATON BRAY PARISH COUNCIL MEETING, MONDAY 7TH SEPTEMBER 2026

(Parish Council Minutes ratified at the Parish Council Meeting on 5-October-2026)

CBC CENTRAL BEDFORDSHIRE COUNCIL (CBC)

Ward Councillor: Cllr Philip Spicer - email: *Philip.Spicer@centralbedfordshire.gov.uk*

CBC Website: *www.centralbedfordshire.gov.uk -*

CBC Email: *customers@centralbedfordshire.gov.uk -*

BEDFORDSHIRE POLICE

- Follow local policing team on Facebook : *https://www.facebook.com/leightonbuzzard policing/*
- Crime Map for your area (details can be found on the Bedfordshire Police website): *https://www. beds.police.uk/area/your-area/bedfordshire/ central-bedfordshire/leighton-buzzard-- rural/ about-us/crime-map*

PLANNING APPLICATIONS

A copy of the Parish Council's response to planning applications can be seen on the Parish Council Minutes available on the Parish Council website or obtained by applying to the Parish Clerk.

RECREATION GROUNDS

- **School Lane recreation ground:**
- The Parish Council have carried out repairs to the surface in the play area.
- The old play area entrance gate has been replaced with a new gate.
- A concrete table tennis table has now been fitted in there creation ground, for everyone to use. All you need to bring to play a game is a table tennis bat and ball.
- **The Rye ground:**
- The Parish Council will be fitting new play

equipment in The Rye, date of fitting to be confirmed.

PARISH TREES

The Parish Council has carried out a tree survey on all the trees in the parish, trees will be assessed on condition and works required, and a schedule of works will be put together.

MONTHLY PAYMENTS: SEPTEMBER 2026/P6

A copy of the Parish Council monthly payments can be seen on the Parish Council website or obtained by applying to the Parish Clerk.

YEAR END ACCOUNTS, 31-MARCH-2026

The audit of accounts for Eaton Bray Parish Council for the year ended 31st March 2026 has been concluded. The Annual Governance and Accountability Return is available for inspection can be seen on the Parish Council website or obtained by applying to the Parish Clerk.

DATES FOR YOUR DIARY/COMMUNITY EVENTS:

(1) REMEMBRANCE SERVICE: Sunday 8th November 2026

This year the Remembrance Service will be held at St. Mary's Church, Eaton Bray. Please note that there will be a road closure in force which will affect a small section of the High Street and Church Lane (around location of the memorial) during the service, from 10:45am to 11:15am.



(2) Best Dressed House Competition: Christmas 2026

The Parish Council are once again holding the Best Dressed House at Christmas competition for Eaton Bray. Judging will be on Saturday 12th December 2026. The winner will be announced at the Brass Band and Christmas Carols event on Wednesday 16th December. A certificate/small gift of a customised bauble will be awarded to the winner.

If you wish to enter the competition, please email the Parish Clerk who will forward an application form to complete for your entry to be submitted. **Registering your interest will be open from Monday 2-Nov-2026 and close Friday 27-Nov-2026.** *(only residents of Eaton Bray parish are eligible to enter).*

(3) Christmas Carols/songs with music from The Heath Band

Wednesday 16th December 2026, 7pm at Market Place, Market Square, Eaton Bray.

Christmas Carols in the village. The Brass Band will be helping residents celebrate the festive season. We will be doing a charity collection during the event; this year the Parish Council will be supporting Leighton Buzzard Community First Responder Group. Please check the Parish Council Facebook page/website for any updates *(subject to cancellation for poor weather).*

PARISH COUNCIL MEETING (1st Floor, The Coffee Tavern, Eaton Bray)



Details can be obtained from EBPC website: *www.eatonbrayparishcouncil.gov.uk*

- **Parish Council Meeting, Monday 2nd November 2026**
- **Parish Council Meeting, Monday 7th December 2026**

PARISH COUNCIL OFFICE (Ground floor)

10am-12noon at The Coffee Tavern, 18 High Street, Eaton Bray, LU6 2DP
(Open dates/times subject to change, please check the EBPC Website for updates)

- **Tuesday 10th November 2026 / Tuesday 15th December 2026**

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NOVEMBER - what do we remember?

We are nearly at the end of another year and well into Autumn after a very hot and dry year. November doesn't seem very important as by now people are looking ahead to Christmas. But over the years November has had many significant events.



Remembrance Poppy

Right at the beginning of the month on Thursday 5th November many will be holding bonfires and firework parties. This is a continuing reminder of the failure of the Gunpowder plot in 1605, when the plan was to kill King James 1. Generation after generation celebrate this event.

Less than a week later on 11th November we will be remembering the service and sacrifice of armed forces members who died in wars and military conflicts. The Armistice at the end of the First World War was signed on November 11th 1918 – the 11th hour of the 11th day of the 11th month. We also remember those who have fallen in military conflicts since then as well. A poppy symbolises the poppy fields of Flanders. This year there will be many Church services and gatherings around war memorials on Remembrance Sunday the 8th November 2026.

Another very memorable time happened on 9th November 1989 – the Fall of the Berlin Wall. This changed the course of history and united the West of Germany and East of Germany, divided since the end of the Second World War

At the end of November, on the 29th is the first Sunday in Advent. And then we are definitely moving into the Christmas period. A time when we remember the birth of Jesus.

Right through the month of November there are all these special times of remembrance. As Christians we remember the life, death and resurrection of Jesus. He died to save us from our sins and promised us eternal life with him. "Remember me…" was the dying wish of the thief crucified next to Jesus. Jesus immediately promised that they would be together in Paradise. Just before his death Jesus held a supper with his disciples. He asked them to repeat the event with bread and wine to remember him. He said "do this in remembrance of me".



Passion Flower- Christ's suffering & death

Churches throughout the world, over 2,000 years on, continue to hold a Holy Communion Service or the Lord's Supper or Eucharist Service. All different names for the time of remembrance of Jesus and what he has achieved to provide forgiveness from our sins and a life with him. Importantly remembrance is also towards us. Psalm 115 v9, 12 and 13 says: 'Trust in the Lord... The Lord remembers us and will bless us;… He will bless everyone who honours him, the great and the small alike'.



Alpine Forget Me Not

Join us for our regular Sunday services in the Church at 11 am. We'd love you to join us for our worship and song. You will get a warm welcome. For those unable to attend in person we also stream our services. Contact Ruth 07791 425625 for Zoom Link

For those interested in the history of Northall Baptist Church, a free copy of the booklet, Rebels in Green Pastures can be supplied or downloaded from our website: *http://northallbaptistchurch.org/*

Ruth Cox Tel: 07791 425625.

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Eaton Bray Good Neighbours

Eaton Bray Good Neighbours is part of a network of similar groups operating under the umbrella of Bedfordshire Rural Charities. For people who find it difficult to get out and about or use public transport, our volunteers offer lifts to medical appointments, collection of prescriptions and shopping locally, small DIY jobs and lifts to social events where these are of real benefit to mental wellbeing. Our group covers Eaton Bray, Edlesborough, Totternhoe and Northall and has now been in operation for ten years.

With Winter approaching there will be increasing pressure on our services with clients needing lifts to routine appointments for flu and covid jabs plus trips to the GP for winter ailments. So do consider joining us as a volunteer. People are so grateful for the service and volunteers find it a very rewarding use of their time.

Volunteers are not committed in any way. They can just opt into a job if it is convenient. Some are on a rota to take the phone calls 9am to 5pm and some drive. Although we are volunteers, petrol is paid at a standard rate.

We look forward to hearing from you. Our telephone number 07930 987064

DAGNALL WEATHER STATION (AONB)

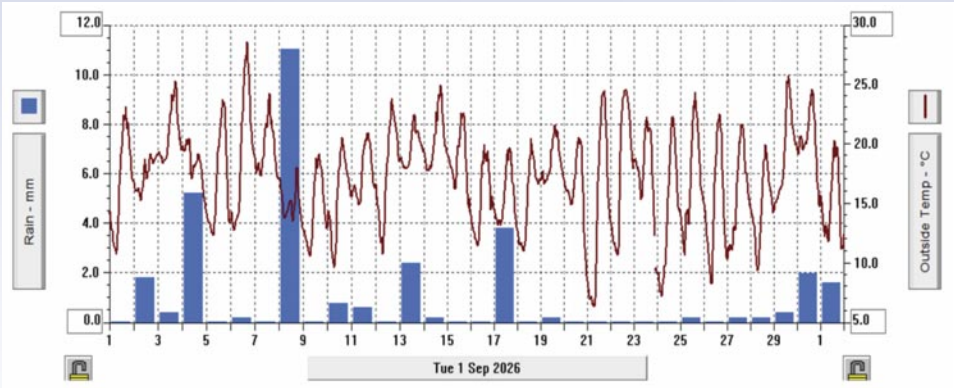
Weather Conditions for September 2026

Elevation: 450 ft. - Latitude: 51˚ 50' 13" North - Longitude: 0˚ 33' 34" West

September was a warm and unsettled month with occasional hot spells. The temperature remained in the mid-20s throughout and peaked at 28.7˚c on the 6th. Nighttime temperatures were generally mild, although we did dip to 6.3˚c on the 21st. We recorded rain on 16 days, with the wettest day being the 8th when we had 11mm. The monthly rainfall was 29.6mm, which is 46% of the September average. By the end of the month, we had a running total for the year of 414.7mm, which is 47% of the average.

	High	Date/Time		Low	Date/Time
Temperature:	28.7°c	6 Sept 1 6.30		6.3°c	21 Sept 07.00
Mean Temperature	18.7°c	Sept			
Dewpoint:	20.2°c	14 Sept 14.30		5.3°c	21 Sept 05.30
Humidity:	98%	22- 25- 28 Sept		36%	6 Sept 14.30
Barometer:	1032.4 mb	21 Sept 09.30		1005.3mb	8 Sept 14.00
Wind Speed	n/a	Sept		Months avg.	n/a
Wind Chill:	27.5°c	10 Sept 16.00		8.2°c	6 Sept 05.30
Dominant Wind:	n/a				
Rainfall	**T= total rain days and moisture. R= Actual rain*				
***Rain Days: *16*T), 16(R)**		**Wettest Day 8**		11.0mm	0.520 ins
Monthly Rain:	**Total**	**September**		29.6mm	1.465 ins
Yearly Rain:	**Total**	**9 Months**		414.7mm	16.326 ins

Unsettled September



For weather data 24 hours a day, updated every 15mins, visit: *www.dagnallweather.co.uk* and *http://bit.ly/weather_dagnall* this site forecast and much more

If anyone has a question, comment or wishes to contact me please email: *david@dagnallweather.co.uk* or telephone: 01442 843883

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DENS PRESS RELEASE

Local homelessness charity urges its community to come together for one night to change people's futures

Hertfordshire-based charity, DENS, has unveiled its new-look Sleepout fundraising event – taking place on **Friday 20th November at The Dock in Kings Langley.**

The premise is simple but driven by purpose. Give up your home comforts and spend a night sleeping outside to make a difference for local people facing homelessness, who have nowhere left to turn.

From workplace teams and local organisations to families and friendship groups, participants will join forces to raise funds for DENS' vital services – providing crisis intervention, preventative support and an empowering pathway forward for vulnerable people in the community.

The venue offers a secure, covered sleeping area, with opportunities throughout the night to connect closer with the important cause and learn more about the life-changing work of DENS.

An exciting line-up of entertainment includes live music and games, alongside delicious options from local street food vendors.

Last year's edition of the event saw a record-breaking attendance – raising thousands of pounds to help rebuild the lives of local people at their time of need.

Charlotte McCarthy, Senior Community & Events Fundraiser at DENS, said:
"The Sleepout isn't about pretending to experience homelessness. It's about choosing one uncomfortable night to help someone else find safety, support and a place to call home."

Registration is now open for the **DENS Sleepout at *www.dens.org.uk/sleepout-26***.

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The aims of the group are:

To provide a safe, welcoming and inclusive space for women to connect and socialise.

To organise recreational, educational or creative activities (e.g. guest speakers, outings workshops).

To foster community spirit, mutual support and combat social isolation among local women.

The Four Villages Ladies Group was excited to have its inaugural meeting in September. We celebrated our new group with a light light supper and drinks at Northall Village hall. Great plans were made for the future of our new ladies group.

Our first formal meeting took place on Monday 5th October with a quiz evening where extravagant prizes of packets of sweets were won. Competition was fierce.

We are looking forward to hearing our guest speakers, Kenneth France, talk about 'Wartime Whipsnade' at our next meeting on 2nd November. Meeting starts at 7.45pm.

The group meet on the first Monday of the month (except bank holidays). If your interested in becoming a member please contact Sue on 07772 901816.



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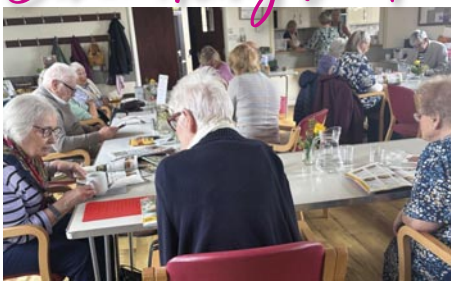

DANESBOROUGH CHORUS
Danesborough Chorus
Autumn Concert
Sunday 22 November 2026
at 7pm
Church of Christ the Cornerstone
Milton Keynes
Rutter: Magnificat
Vaughan Williams: Benedicite
Grieg: Holberg Suite
TICKETS:
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(all unreserved)
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Isabella Hulbert (soprano)
Alina Orchestra
Conducted by Ian Smith
Danesborough Chorus Reg. Charity no 1188026 www.danesborough.org.uk

Wednesday Club

AGE Concern

Charity No. 293080

Come Along to The Wednesday Club!





Are you looking for a friendly way to spend your Wednesdays? Would you enjoy good company, a delicious lunch, and a chance to make new friends?

Then why not join The Wednesday Club?

The Wednesday Club is a welcoming place where older members of our community can come together to enjoy companionship in a relaxed and friendly atmosphere. Whether you live alone or simply fancy getting out for a few hours each week, you'll always receive a warm welcome.

Each Wednesday, members enjoy a freshly prepared lunch and plenty of time to chat over a cup of tea. If you like games, there's the opportunity to join in with cards, board games, quizzes, or other activities—but there's absolutely no pressure. Many people simply enjoy the conversation and the chance to catch up with friends.

One of the greatest benefits of the club is the opportunity to meet new people. Friendships often blossom over a shared meal or a game, and many members say Wednesday has become the highlight of their week.

Worried about getting there? Local transport is available, making it easier for those who no longer drive or find travelling difficult. We want everyone to have the chance to enjoy the company and activities on offer.

If you've been thinking about getting out a little more or know someone who might benefit from a friendly afternoon, why not give The Wednesday Club a try? New members are always welcome, and you'll soon discover that it's much more than just lunch—it's a place to belong.

Come along and see for yourself. We look forward to welcoming you!

Contact Helen on 07854 230243





Quote from a member…

"I'm so grateful to the people that run the Wednesday Club. I get a lovely cooked lunch and I am picked up and taken home. If it wasn't for them I would not go out at all."

SINGING WITH DANESBOROUGH CHORUS

How did I become a Soprano without having any Mafia connections? It all goes back to 1975 when teachers got a salary increase, resulting in many being made redundant because schools closed.

The employment people sent me to see a certain Ted Smith who was starting a music education centre on Aspley Heath. He said he didn't need any teachers yet; what he really wanted was a decorator. So I had a brief career as a decorator, during which Ted invited me to sing in a new choir he was starting. As I was NBOW (Not Busy On Wednesdays), I joined Danesborough Chorus as a soprano.

Things you should know about Danesborough's post of Musical Director:

- only two in over 50 years;
- both called Smith.
- only apply if your surname is Smith.

Danesborough singers come in all shapes, sizes, ages and aptitudes. We have OWLs (those who like being Out With Lads/Lasses), and Harassed MOTHs (Mothers of Three) who come for a wonderful weekly session of Group Therapy with Singing without having to pay therapists' fees.

Singing with Danesborough is the most inclusive experience you'll ever have, as well as being good for your health.

Above all, if you've ever wanted to sing some of the greatest music written for voices, come along and learn with other enthusiasts. Singing isn't like book learning; you learn it by doing, so why not come along and have a go?

Anyone for the Hallelujah Chorus?

Judy Barker

Danesborough Chorus rehearses in Aspley Guise Village Hall, MK17 8JS on Wednesdays at 7.30pm.
Contact admin@danesborough.org.uk
or see www.danesborough.org.uk

Danesborough Chorus

2026–2027 Season

Join us to celebrate
Ian Smith's 50 years
as our Musical Director



Sunday 22 November 2026
Church of Christ the Cornerstone
Rutter: *Magnificat*
Vaughan Williams: *Benedicite*
Grieg: *Holberg Suite*

Sunday 14 March 2027
Milton Keynes Theatre
with Alina Orchestra
conducted by
Hilary Davan Wetton
Beethoven: *Symphony No. 9*

Saturday 13 February 2027
St Mary & St Giles, Stony Stratford
A programme of English music

Saturday 26 June 2027
St Mary's Church, Woburn
Elgar: *Dream of Gerontius*

Danesborough Chorus: www.danesborough.org.uk Reg Charity no 1188026



Great to see our local courts being put to good use.

Pickleball is a fun and exciting sport that is becoming popular around the world. It is played with a paddle and a small plastic ball with holes. **Pickleball** can be played by two people or by four people in teams.

The game is played on a court that is smaller than a tennis court. Players hit the ball over a net and try to make it difficult for their opponents to return it. The rules are simple to learn, which makes **pickleball** suitable for people of many different ages and abilities.

One reason **pickleball** is so popular is that it is easy to get started. Players do not need to be extremely strong or fast. The smaller court means that there is less distance to cover, while the lightweight ball makes it easier to control the game.

Pickleball is also a good way to exercise. Playing regularly can help improve balance, coordination, movement, and fitness. It can also be a social activity because people often play with friends, family, or members of local clubs.





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Take a Historic Break in the UK Cambridge

Cambridge is one of the most beautiful and historic cities in England. Known around the world for its prestigious university, stunning architecture and peaceful riverside scenery, it is a wonderful destination for a day trip or a longer visit.

One of the main reasons to visit Cambridge is its beautiful historic architecture. The city is home to many impressive university colleges, some of which have existed for hundreds of years. Walking through the city centre offers the opportunity to admire magnificent buildings, chapels and courtyards.

Another popular attraction is punting on the River Cam. A traditional punt ride allows visitors to relax while enjoying views of the famous colleges and the beautiful scenery along the river. It is one of the most enjoyable and memorable ways to experience Cambridge.

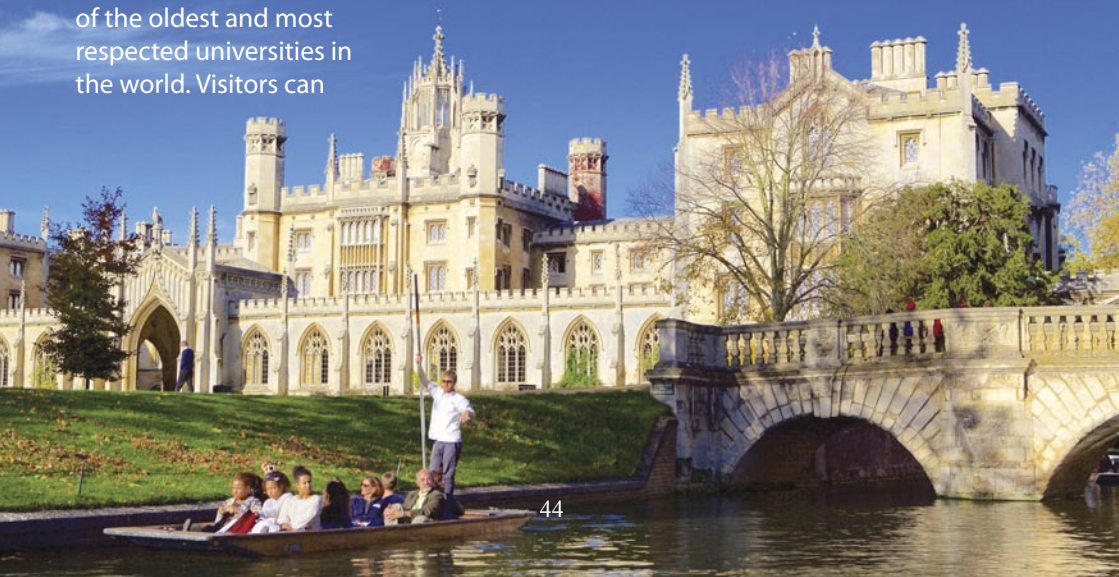
Cambridge is also famous for the University of Cambridge, one of the oldest and most respected universities in the world. Visitors can explore the historic surroundings and learn more about the university's fascinating history and traditions.

For people interested in culture, Cambridge offers a variety of museums, galleries and attractions. There is plenty to discover, whether you are interested in art, history, science or archaeology.

The city is also ideal for those who enjoy walking and spending time outdoors. Beautiful green spaces, riverside paths and the famous Backs provide peaceful places to relax and enjoy the scenery.

Finally, Cambridge has a great selection of cafés, restaurants and traditional pubs, making it easy to take a break and enjoy something to eat or drink while exploring.

Overall, Cambridge is a fantastic place to visit because it combines history, culture, beautiful scenery and a lively atmosphere. Whether you are interested in architecture, relaxing by the river or discovering something new, Cambridge has something to offer everyone.



EdleFest tickets are selling now

Don't miss out on the early bird prices!

Our local music festival is back for another outing – and plans are well underway for another great weekend of live music, good company and a wonderful village atmosphere.

It will all be happening on **Friday 4th and Saturday 5th June, 2027**, with a fantastic mix of folk, Americana, blues, country, swing and indie-folk. The line-up includes **The Magpies, Robbie Cavanagh, True Foxes, Good Habits, The Dicemen and Rob Heron & the Teapad Orchestra,** along with some featured ales and wines.

But if you're thinking of coming, **now is the time to get your tickets.**

The early-bird ticket offer is coming to an end within the next few days.

So, this is your chance to save some money while securing your seat at what promises to be another memorable **EdleFest**.



Rob Heron and the Teapad Orchestra

Whether you came along last time or are yet to discover what **EdleFest** is all about, why not make a weekend of it?



The Magpies

Get together with friends, support a fantastic local event and enjoy some great live music right on our doorstep.

Don't wait until the early-bird offer ends – book now and join us at EdleFest 2027!

Tickets are available for individual evenings or you can buy weekend tickets at a further discount.

Scan the QR code or search online for **EdleFest**, or visit ***edlefest.site123.me.***

You can check out all the artists' details and check out full details on the website.



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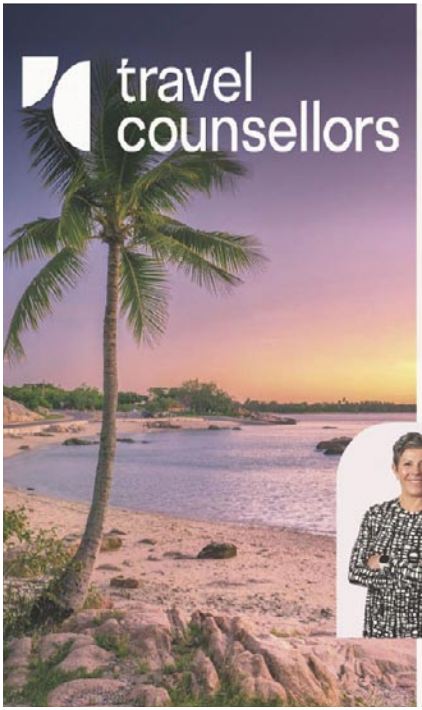
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Not a lot of people know this… Road Safety Rule 170 & H2

Back in 1984 when taking a military driving test I almost failed. The question was , who has priority if the pedestrian at the junction is going to cross?

This morning I faced that situation in real time while trying to cross a T junction

I later discovered that this rule had always been in the Highway code but never adhered to. Hence the public notice that Rule 170 Highway code was updated and brought to public attention

I would like to point out that many drivers are unaware of the 2022 updates in the Highway Code.

In particular to Rules 170 and Rule H2

These rules clearly state that a pedestrian(s) wanting to cross a road junction has priority. Vehicles turning left into a side road Must stop and allow the pedestrian to cross if they are about to do so.

Likewise a vehicle turning right into a side road must also allow the pedestrian(s) to cross

The Red Driving School (which I have no connection) points out this rule on their website along with 4 others that are often ignored by drivers.

Road safety is a priority. Please, will those drivers out there get updated on the Rule of the Road and make it safer for pedestrians, A simple read of Rules 170 and H2 should suffice

Julian Hicks



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The Story of Woburn Abbey

Few English country houses have a history as closely bound to one family as Woburn Abbey. For almost five centuries, the Russell family has shaped its buildings, collections, landscape and fortunes.

Woburn Abbey was founded in 1145 by Cistercian monks. It remained a monastery until the Dissolution of the Monasteries under Henry VIII, when it was surrendered to the Crown in 1538.

The property was subsequently granted to Sir John Russell, a prominent Tudor courtier. His service to the Crown brought rapid advancement: he became Baron Russell of Chenies in 1539 and 1st Earl of Bedford in 1550.

The former monastery was gradually transformed into a family residence, establishing the Russell connection with Woburn that continues to this day.

The Dukes of Bedford

The family's wealth and influence grew over the following generations through land, marriage and political service. In 1694, William Russell, 5th Earl of Bedford, was created 1st Duke of Bedford by William III.

Woburn was subsequently transformed on a grand scale. During the eighteenth century, Henry Flitcroft undertook major rebuilding, followed by work by Henry Holland. The medieval foundations remained beneath a fashionable Georgian country house.

The family also developed the surrounding estate, including the famous deer park. Humphry Repton later contributed to the landscape, helping create the setting that remains such an important part of Woburn today.

The Russells became one of Britain's most prominent political families. Among the most distinguished was John Russell, 1st Earl Russell, a leading Whig and Liberal politician who served twice as Prime Minister, in 1846–52 and 1865–66.

He was an important figure in parliamentary reform and was closely associated with the Reform Act of 1832.

Thus, the family's influence extended well beyond their Bedfordshire estate, reaching into the highest levels of British political life.

Art, collecting and the Abbey

Successive Dukes also established Woburn as a centre of art and collecting. Generations of the family assembled paintings, furniture, porcelain, sculpture and other works, creating the remarkable collections for which the Abbey became known.

The house and its contents evolved with changing tastes, reflecting the lives and interests of the generations who lived there.

By the twentieth century, the traditional world of the great country house was under increasing pressure. Two World Wars, taxation and the enormous cost of maintaining historic estates made survival increasingly difficult.

During the Second World War, Woburn was used by the government and became associated with the Political Warfare Executive.

After the war, serious problems including dry rot added to the financial burden. Eventually, around half of the Abbey was demolished, leaving the section that could be realistically maintained. It was a dramatic change, but one that helped secure the future of the surviving house.

In 1955, the 13th Duke of Bedford opened Woburn Abbey to paying visitors. This marked a new chapter in the estate's history.

The Abbey, its art collections, gardens and deer park could now be enjoyed by the public, while visitor income helped support their continued preservation. Woburn was adapting to a very different Britain in which many historic country houses were struggling to survive.

Woburn today

The Russell family's association with Woburn now stretches back almost five centuries. The present head of the family is Andrew Russell, 15th Duke of Bedford, who succeeded to the title in 2003, and the Bedford Estates continue to manage substantial land and property.

Woburn is therefore more than a surviving historic house. Its story encompasses a medieval monastery, the upheavals of the Tudor Reformation, the rise of the Russell family, the creation of a dukedom, centuries of collecting and political influence, and the challenges faced by the great country houses in the modern age.

What makes Woburn particularly fascinating is the continuity. Each generation has altered the estate to meet the circumstances of its time, while preserving the connection between the Russell family and the place.

From Cistercian monks to Tudor courtiers, Victorian politicians and the modern Dukes of Bedford, Woburn's history is, above all, the story of a family and the remarkable estate they have shaped for nearly five centuries.



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20 Bridges of Manhattan swim



On the 11 th September 2026 Rose Hawkins and her support crew flew out to New York to complete the second part of her Triple Crown Challenge , The 20 Bridges of Manhattan swim. Part one was completed in 2017 successfully swimming the English Channel.

Being the 25th anniversary of the 9/11 tragedy, the swim date was quite significant. A fireman representing the 343 fire fighters who lost their lives, was taking part too!

Rose and her sister Sarah set off for the meeting point where they met the captain of the support boat and the kayaker.

The captain ran through the rules and introduced the observer who makes sure the rules are adhered to in the pouring rain Sarah starts covering Rose in sun screen and Vaseline to help prevent chaffing.

They sort out the drinks and snacks for the kayaker to give to Rose. The drinks included Ribena, water , electrolytes and a carbohydrate drink. Snack were jelly babies and flapjack.

Then they set off for the starting point at Battery park pier A. We were already at pier A, waiting for them. In our Team Rose t shirts and armed with banners and flags ready for the start.
All getting soaked.

Alongside the others families of the other three swimmers we all felt anxious and excited for the start. Behind the swimmers was a fireboat with all its hoses spraying into the river. This was a tribute to the lost firemen. This added such a backdrop to an amazing occasion.

4,3,2,1shouted the observer, blew a whistle and they were off. It is an individual challenge and not race as such but the at start made it feel very much like a race! With our shouts and cheers and those of the firemen , Rose set off in the East River heading to the first bridge, The Brooklyn Bridge.

Not long into the swim they had to stop for the Statten island ferry, this was frustrating for Rose as she was just getting into the flo but had to stop for ten minutes. Rose said that when it came by it was so fast that she could then see why they needed to stop. The plan was that Rose would stop every 45 mins for a drink and snack. You have to do this treading water and are not allowed to have any contact with the boat or the kayaker.

The East river is fast and choppy, with the Manhattan and Williamsburg bridges over it too! With the fast moving current timing is important to be able to get through Hells gate! Rose said this was a tough area to try and propel against the current. Once into the Harlem river, an 8 mile stretch with 15





bridges, Rose was now into her groove! Going at such a pace the captain even commented , "She is moving!"

We managed to get to lots of the piers along the Harlem too, cheering Rose on, at one point there was a foot bridge that Jim (dad) and Collette (cousin) ran access to actually speak to Rose and Sarah. Rose had cramp at this point and said she had been just dragging her leg behind her! After a quick chat she set off again. Heading towards the Spuyten Duyvil creek bridge. The swimmer and kayaker can go under but the support boat has to wait for it to open.

Once open the captain told Sarah to hold on as they then raced to catch Rose up! Sarah described it as a "James Bond moment" as they flew along at high speed. The captain again commented how far and quick Rose was going.

As Rose turned into the Hudson the sun came out and she said she was singing Alecia Keys New York in her head and enjoying the sun on her back.

About an hour from the finish Rose was very sick. She had swam through some sewage that had been off loaded into the river because of the storm. She was worried that she couldn't keep anything down so wasn't sure if she could stop for her next drink. As she didn't realise how close she was to the end. After a brief 8 minute break treading water, she set off again . The fireman had closed in a little during this stop.

We all headed back to pier A for the end of the swim. About 6 fire trucks pulled up and all the crews came out it was quite something . As we waited, the kayakers had bought the swimmers into the sea wall so we couldn't actually see them! We could see the boats and Sarah was waving away to us .

We didn't know who would come around the sea wall first but were absolutely thrilled when the pink swimming hat of Rose appeared first. We erupted into a chorus of cheers and shouts . Her dad shouted "it's a race now Rose".

Rose swam her heart out and then the kayaker blew her whistle to say it was over ! Rose threw her arms in the air and rolled over onto her back with the biggest smile of her face!

What a phenomenal swim, Rose beat the three other male swimmers! Rose completed impressive time of

She swam to the support boat and climbed aboard to a huge embrace from Sarah , who was frantically brushing off leeches from Roses legs! She wrapped her in her dry robe and headed back to the meeting point. I asked the firemen if some of our gang could have a lift and they happily obliged which was nice of them. Rose came on to dry land to hugs and cheers from family and friends. We were so lucky that so many people could come out to support Rose.

Rose felt amazing she said she could have carried on swimming! She had bites, sunburn, sickness etc. but most of all a huge smile on her face and a medal around her neck. This is 2 thirds towards the Triple Crown , the third is the Catalina channel in California.

Rose has raised over £21,000 for the Openwork foundation. What a trip, what an achievement, what an amazing young lady!

Thanks for all the support from everybody at home too!

Well done Rose Hawkins

This is the link to sponsor Rose.
https://openwork.enthuse.com/pf/rose-hawkins







When I'm an old lady

When I'm an old lady, I'll live with each kid,
And bring so much happiness just as they did.
I want to pay back all the joy they've provided.
Returning each deed! Oh, they'll be so excited!
When I'm an old lady and live with my kids.

I'll write on the walls with reds, whites and blues,
And I'll bounce on the furniture wearing my shoes.
I'll drink from the carton and then leave it out.
I'll stuff all the toilets and oh, how they'll shout!
When I'm an old lady and live with my kids.

When they're on the phone and just out of reach,
I'll get into things like sugar and bleach.
Oh, they'll snap their fingers and then shake their head,
When I'm an old lady and live with my kids.

When they cook dinner and call me to eat,
I'll not eat my green beans or salad or meat,
I'll gag on my okra, spill milk on the table,
And when they get angry I'll run if I'm able!
When I'm an old lady and live with my kids.

I'll sit close to the TV, through channels I'll click,
I'll cross both eyes just to see if they stick.
I'll take off my socks and throw one away,
And play in the mud 'til the end of the day!
When I'm an old lady and live with my kids.

And later in bed, I'll lay back and sigh,
I'll thank God in prayer and then close my eyes.
My kids will look down with a smile slowly creeping,
And say with a groan,
"She's so sweet when she's sleeping!"

Dunstable Probus Club

Dunstable PROBUS Club meets on the second Monday of the month at the Tilsworth Golf Centre and membership is open to retired or semi-retired professional and business women and men.

The Club's main purpose is the promotion of good fellowship. Members enjoy social activities, and after their regular monthly lunch meetings are entertained by speakers who give talks on a wide range of topics.

If you are interested in joining the Club, please contact the Secretary, Derek Ward on 01582 608242.



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THE FOCUS ON FILM SOCIETY

We meet on the **second Monday of each month at Eaton Bray Village Hall** from **September to June**. Screenings begin at **2.00pm** with doors opening at **1.30pm**. After the film we serve tea and biscuits with time to chat about the film.

Membership for a season of ten films costs **£35** with a sliding scale for people who join part way through the season – excellent value at **£3.50 per film**.

The film for November is **Saving Grace**.



Saving Grace is a quirky British comedy about a recently widowed woman who faces financial ruin and partners with her gardener to grow marijuana in hopes of saving her home. Set in a charming Cornish village, it blends eccentric characters, gentle humor, and a feel-good underdog spirit.

Run Time 88 mins.

New members are always welcome, so if you are interested do come along and try us.

For new members **guest membership** is available at **£5 for one film** before joining.

For more information call
Graham Chappell on 07980321977
or simply come along to one of our films.

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Thanks also for all the personal donations and to all who attended to make it a very enjoyable, fun evening.

The amount raised from bids, raffle and donations was £3596

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Our trip to Hyde Hall started out with a fine summer/autumn morning, all boding well for an enjoyable day. A large garden, once a farm, Hyde Hall was taken over by the RHS in 1993. Since then, a garden has been created out of virtually nothing. Although large, there are a number of intimate garden spaces/areas such as the Dry Garden, which is particularly relevant to today's climate change.

For the more adventurous, there are any number of walks within the garden, directing one to open planted areas of interest, plus a lake to view and rest awhile. Two areas adjacent to the welcome building are the smaller and very interesting 'Modern Country Garden' and a cottage garden for the average interested gardener, gardens which are perhaps more easily related to than larger, more parkland planting. The two Rose Gardens and herbaceous borders show off a particular way of planting. Both old traditional and modern roses have been planted out. Yew hedging divides herbaceous borders which are particularly interesting and effective.

All in all, there is something for everyone, in fact so much more than this humble report, which cannot do the garden justice! In addition there is a plant nursery, shop and cafe facility. Finally, a Thank You to Joyce and Mary. This is our last trip of the year, and we look forward to next year.

Chris Jell

For membership queries contact **Veronica Clarke** by e-mail at ***r_vclarke@hotmail.com*** or telephone 01582 600764.

Ever spotted a woodpecker?

Rat-a-tat-tat! That unmistakable drumming from the trees is one of the sounds of our countryside. Bedfordshire and Buckinghamshire are home to three species of woodpecker: the **Great Spotted**, **Green** and **Lesser Spotted Woodpecker**.

Each is distinctive, but they can be surprisingly difficult to see. Often, your ears will find one before your eyes do.

The **Great Spotted Woodpecker** is the one you are most likely to encounter. Black and white with flashes of red, it can be found in woodland, parks and gardens.

Listen for its rapid drumming, particularly in late winter and spring. This isn't simply the bird looking for food; drumming is a way of communicating, helping to establish territory and attract a mate.

They are also regular visitors to garden feeders, where peanuts and sunflower hearts can prove irresistible.

The **Green Woodpecker** is larger and, as its name suggests, predominantly green, with a red crown and yellow-green rump. Its loud, laughing "yaffle" is often the best way to locate one.

Unlike the **Great Spotted**, **Green Woodpeckers** spend much of their time on the ground, searching for ants in lawns, meadows and rough grassland. So when walking through a village green, paddock or old orchard, remember to look down as well as up.

Our smallest woodpecker is also our most elusive. The **Lesser Spotted Woodpecker** is about the size of a sparrow and favours mature woodland with old trees and plenty of dead wood.

It has declined considerably in Britain and is now a scarce bird. Seeing one locally is therefore a real treat. You are more likely to hear its distinctive drumming or calls than actually spot it.

Why do they drum? Woodpeckers are wonderfully adapted for their lifestyle, with strong bills and specialised anatomy that allows them to strike trees repeatedly.

But drumming isn't simply about making a noise. It is an important communication signal, particularly during the breeding season. Old, resonant branches can make excellent natural "drums".

The holes they excavate for nesting are also valuable to other wildlife, with old woodpecker holes sometimes providing homes for birds, bats and insects.

One of the best things we can do for woodpeckers is to retain mature trees and dead wood wherever it is safe to do so. Dead branches and fallen timber may look untidy, but they



Male Great Spotted Woodpecker with its dark crown, well-marked face, pure white scapular patches and rich red undertail coverts it can be further identified as an adult, while the discrete red patch on the nape allows us to sex it as a male.



Female Great Spotted Woodpecker shows almost the same set of features as that of the male. The nape is wholly black, concolorous with the crown. It is therefore a female.



Juvenile Great Spotted Woodpecker shows a prominent bright red crown with a narrow dark border and some internal dark markings in the otherwise white scapular 'ovals', easily identifying it as a juvenile bird. Note also the rather 'washed out' face pattern and the slightly paler red hues in the undertail coverts.

provide habitat for insects and other creatures. Mature trees, old orchards, hedgerows, churchyards and village gardens can all make an important contribution to our local wildlife.

Next time you're out walking in Bedfordshire or Buckinghamshire, pause when you hear that familiar rat-a-tat-tat. Look high in the trees for a **Great Spotted Woodpecker**, scan the grass for a **Green Woodpecker**, and keep your ears open for the much rarer **Lesser Spotted**.

You might be surprised by just how much wildlife is living — and drumming — right on our doorstep.



Male Green Woodpecker. It has no trace of barring in the upperparts or underparts, being instead a smooth green above and greyish below. The red crown and nape and black area around the eye are fully developed, while the obvious red hues in the 'moustache' readily identify it as a male.



Female Green Woodpecker. This adult Green Woodpecker closely resembles the male bird in the preceding image. It differs, however, in its wholly black 'moustache' which lacks any red hues. It is therefore a female.



Juvenile Green Woodpecker. It already has rich green upperparts and red on the head, it can easily be aged as a juvenile by the prominent heavy dark barring across the face and underparts and the whitish feather tips on the mantle, scapulars and wing coverts. Even as a juvenile it can be sexed: note the wholly dark 'moustache', which identifies it as a female.



Male Lesser Spotted Woodpecker). The black and white barring across the back can easily be seen, as can the absence of red in the undertail coverts. With its much whiter, 'crisper' underparts, this bird can be aged as an adult, its black-edged bright red fore-crown identifies it as a male.



Female Lesser Spotted Woodpecker is similar to the male, but has no red anywhere in its plumage, its fore-crown patch being whitish. It is therefore a female.



Juvenile Lesser Spotted Woodpecker shows the typical pattern of black-and-white transverse barring right across the back. It can be aged as a juvenile by the strong 'dirty' brown wash right across the underparts.

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APPLEDOWN RESCUE DOG OF THE MONTH

Handsome Petey Pablo is a lurcher who was born in early 2025. With his sweet affectionate nature, he has become a firm favourite with our volunteer walkers. Whilst he very much enjoys an on-lead walk he would also love to be on a sofa with his head on someone's lap! We think he would live with another dog pending introductions, but not cats. Petey needs a securely fenced garden and as with all adult dogs that we rehome any children must be 7+.

For more information, please see his album on our Facebook page, or email the kennels. Visit our website for details about adoption and an application form. Viewings are by appointment only. Information about ways to donate to support our work can be found on our website.



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01525 220383 (10am-1pm & 2-4 pm) • Email: *appledown.kennels@btinternet.com*
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Seniors Social at Edlesborough Pavilion Tuesday 3rd Nov 2026 12 – 2 pm

Please come and catch-up with friends or have the opportunity to meet new ones.

Enjoy company and conversation whilst savouring a warming bowl of soup with a roll followed by a slice of homemade cake with a tea or coffee.

All provided free of charge by ECSC Charity

Members & non-members who are of state pension age are welcome

Other drinks will be available to purchase from the bar

We look forward to seeing you!

ECSC Edlesborough



BOOK REVIEWS

The Ladies' Midnight Swimming Club

by Faith Hogan



This book follows the intertwined stories of three women - Elizabeth, Jo and Lucy - in the small Irish coastal village of Ballycove.

Elizabeth has just lost her husband, who was the local doctor; she is surprised to find that she has been left with crippling gambling debts and a threat of bankruptcy.

Jo is a lynch pin of the village, who receives a devastating medical diagnosis.

Lucy is Jo's daughter is burnt out with her hospital job whilst simultaneously nursing a fractured relationship with her teenage son.

Jo calls in Lucy to assist Elizabeth in saving the surgery. They are each at a low point in life but together they are able to find solace - through liberating late-night swims in the Irish Sea.

This is an emotional story about three women in different stage of life striving to live life to the fullest.

This is a feel good read that introduces so many different threads they are hard to keep up with. However, these unlikely plot lines all finish with unlikely coincidences leading to satisfying happy endings that can become cloyingly sweet and predictable.

We all found the story very predictable; not very far into the book it became obvious how all the plot lines would end. It was all a bit too tidily finished, cumulating in Jo getting her wish to go Midnight swimming with the whole population of Ballycove and raise a lot of money for the village before dying.

One of us noted the sloppy editing and the many inconsistencies in the plot "e.g. the prologue starts in 'mid-May' with Elizabeth taking the plunge for the first time, but later it's clear she took her first swim on 1st May as she'd promised Jo! Also Niall takes apple pie to Mr Huang and meets Zoe, but after they see each other at the fish & chip shop he then goes to look at where she lives as if he's never been there before... and Niall got his fingers caught in a mousetrap with seemingly no injuries!"

Perfect, if you want a feel good, easy holiday read. We gave it 3/5

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Another successful EB Charity Quiz

Monies raised equally shared between Appledown Kennels & Dunstable Foodbank





We packed all you lovely people in for more "Fun and Fundraising" for local good causes. Both Charities were represented with The Foodbank now entering in "Five" teams- nice bit of competition between them both

We had a record breaking Night thanks to a full house of you Quizzers and we were able to give £1400 shared equally between our two local Charities. So many requests for tables we sadly had to turn people away

Please get in touch for our next Quiz

10th April 2027

Big thanks to Tesco's for supplying the Baguettes. And a Shout out to our Local Nisa store for supplying the wine for our 1st place team winners Secret 7

Thank you to the wonderful team who are the EB Quiz Elves who make all this happen. Maggie for "Providing"the great raffle prizes that raise so much towards our final total along with And last but not least our Quiz Master Supremo Geoff for his enthusiasm in setting his Devilish questions

Robert Taylor
Mintyman1958@gmail.com

What to do in the garden in November



It's time to prepare your garden for the colder and wetter weather

It's getting colder and wetter as we draw into November. Trees are putting on their autumn displays and winter stems start to come into their own. As autumn turns to winter, your main jobs in the garden are mostly about protecting plants and structures from the wilder weather to come.

There's still **sowing and growing** to do this month to keep the garden ticking over. Here is a list of the top jobs to do in the garden during the month

Timely Tips



Invest in bird feeders and bird baths for the winter months

As the weather starts to get more wintry, your garden needs some protection:

1. Insulate your outdoor containers from frosts. Use hessian or bubble wrap held in place with garden twine.
2. Prevent containers becoming waterlogged by raising them off the ground for the winter using bricks or 'pot feet'.
3. Encourage hungry birds into your garden by investing in **bird baths and bird feeders**. Our feathered friends will keep garden pest numbers down and bring joy on a bleak winter's day.
4. Protect roses from wind-rock by pruning them by one-third to half their height. This will stop them swaying in strong wind and prevent roots coming loose in the soil.

In the flower garden



Cut some holly stems for festive garlands — but remember that birds love to eat these too!

- Remove fallen leaves from around the base of any rose bushes which suffered from blackspot or rust this summer, to reduce the chance of reinfection next year.
- Continue to lift **dahlia tubers**, gladiolus corms and **begonias tubers** to store dry over the winter months. Remove the dead foliage before storing.
- Cut back the yellowing foliage of herbaceous **perennial plants**, and lift and divide overcrowded clumps to maintain their vigour.
- Cut a few stems of **holly** with berries for making Christmas garlands. It's early, but now's the time to do it before the birds eat all the berries. Stand them in a bucket of water in a sheltered spot where birds can't take them.

Looking after your lawn



Aerating your lawn helps promote optimal soil health

- Aerate your lawn now before winter sets in. Either use a **lawn aerator** or simply insert a garden fork at regular intervals and lean it back slightly to let air in.
- Continue to clear fallen leaves off the lawn to keep it healthy using a light rake.
- Set your lawn mower to a higher cut-height for winter.
- Edge your lawn. This is easy to do in the winter months once beds are clear. Lawn edging creates a neat and tidy appearance and makes maintenance easier throughout the year.

In the greenhouse



Light your greenhouse so you can still work when winter nights draw in

- Clean and maintain your greenhouse. Replace damaged glass and clean it thoroughly, washing the glass, floor, and staging with horticultural disinfectant to kill any overwintering pests and diseases.
- Protect greenhouse plants from frost by insulating with sheets of bubble wrap attached to the inside of the frame. Remember to keep ventilating, particularly after watering.
- Install solar lights in the greenhouse so you can still get out there on dark winter evenings to check your plants.
- Be careful not to overwater plants as the winter approaches. Little and often is the key.



Edlesborough Memory Cafe

2nd Wednesday of every month
from 2.30 - 4 pm
Edlesborough Pavilion, The Green, LU6 2JF

Join us for tea, coffee, a chat, and plenty of fun activities.

No booking necessary and all are welcome - whether you have a formal diagnosis or not. All we ask is for a £4 suggested donation per person.

For more information, contact:
contact@tibbsdementia.co.uk | 01234 210993

Advertisers Index

A McClelland Pest Control	23
Absolutely Plastered	30
All Trees Garden Services	51
Anderson Domestic Repair Service	23
Anglo Photography	28
Anne Johnson Osteopath	18
ARC Contract Services Ltd	34
Artisan Brickwork & Patios	65
Aspect Electrical	15
Beechwood Park School	58
Bellows Mill	43
Cafe Masala	2
Castles Estate Agents	53
CDM Builders Ltd	43
Charles Hill Garden Services Ltd	34
Chiltern Ark Pet Service	36
Church Farm Autos	64
Clark Electrical	43
Coffee Tavern Eaton Bray	12
Computamation Services Ltd	14
Dagnall School	46
Deep Clean	18
DM Security	22
Dominic Woolcott Decorator	26
Doolittle Dog Training	57
Eaton Bray Academy	15
Eaton Bray Dairy	43
Eaton Bray Village Hall	67
Edlesborough Pharmacy	19
Edlesborough Primary Academy	47
Everett' House Clearance	36
Floss and Smile Dentist	14
G & J Groundwork & Landscapes	22
Greenfingers	18
Greenhill Blinds	68
Integr8 Osteopathy / Coaching	59
James Falcon-Cross Landscaping	27
Janes Electrical & Carpet Shop	76
Jazzercise	28
Joann Latus School of Dance	31
Julia Reading Chiropody	19
Lee Hutt Heating & Plumbing	19
Local Gutterbuster	46
Megan Cross Dog Grooming	31
NDS General Building & Plumbing	18
NG Autos	35
OLTCO Resin Driveways	67
P Dyer Electrical	26
Paramount Plumbing & Heating	50
Patricia's Cuisine	18
PC Laptop Repairs	31
Pinstripes Signs & Advertising	23
Premier Garage Doors	75
Quality Glazing	27
Redkite Vehicle Repairs	23
Sears & Co Estate Agents	11
SJR Build	22
Spinney Landscapes	19
St Judes Therapeutic Pilates	34
Stephen Janes Capenter & Joiner	27
Steve the Mower Man	22
Straightforward Planning	60
Stoten Gillam Ltd Accountants	34
The Gentleman Gardener	30
The Forest TV	28
The White Horse Eaton Bray	60
Toddington Financial Advice	30
Toni's Tootsies Foot Health	22
Travel Counsellors	47
Travel Impressions	2
Unicorn Windows	65
We Buy Records	36
Wedding Image	36
White Water Window Cleaning	36
Will Kimberley Garden Services	22
Zumba with Carolyn	18

The Salvation Army, Eaton Bray
Christmas Toy Appeal



Please **donate a new unwrapped toy/gift for a child aged 4-11 years.**
This can be received at our hall in **Booth Place, Eaton Bray, LU6 2DR:**
on Sunday mornings (10:45am-12:15pm)
on Wednesday evenings (5:45pm-7:15pm term time only)
or 1st, 2nd, 8th & 9th December (9:30am-3:30pm) **deadline for donations.**
Or, email eaton.bray@salvationarmy.org.uk
to arrange a drop off.

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